



GO OUT, BE IN 7

Involving cultural diversity in outdoor activities

Youth Exchange - Erasmus +

1st - 9th of August 2022

Växjö, SWEDEN

INFOPACK 1

The project "Go out, be in" is a Youth Exchange within Erasmus+. The participants will discover new ways of exploring outdoor activities in the countryside and urban landscapes and use these two environments to develop their own creative ideas, accessible to all. During the activity week the participants will be part of different methods of non-formal education, such as presentations and workshops, cultural activities, discussions, outdoor activities, sports, intercultural evenings, icebreakers and energizers, and team building activities. With this project, we want the young participants to:

- Become more involved with the city/region they live in and become more aware of their role and importance for the local community, and become aware of how community involvement can have a bigger impact on a regional, national and international scale.
- Develop an understanding of people with different backgrounds and cultures and develop a curiosity for what happens in the world.
- Through working and learning together with a diverse set of people strengthening values such as solidarity, democracy, and friendship.
- Discover creative ways of using and influencing the public space and see it as a sphere of positive action.
- Become more interested in and make a habit out of creating and participating in outdoor and sports activities as part of a healthy, engaging and fun life-style.

The countries involved in this project are Sweden, Spain, Italy, Turkey and Croatia. The exchange will take place in Hovmantorp, Sweden.



ORGANISATIONS INVOLVED

Globala Kronoberg - Sweden (organiser) – 4 participants + 1 group leader

Asociación para el Desarrollo del Guadajoz y Campiña Este de Córdoba (ADEGUA) - Spain – 4 participants + 1 group leader

Associazione Culturale Mastronauta - Italy – 4 participants + 1 group leader

Salt Genlik Dernegi - Turkey – 4 participants + 1 group leader

Suncokret Centre for Community Development - Croatia – 4 participants + 1 group leader

PARTICIPANT'S ROLE

The participants in this exchange should be motivated to participate in group games, team building and easier outdoor experiences. This exchange strives to be available for all, but in order for this it is important that we get all relevant information about the participants regarding allergies, special food requirements, mobility, need for special support and other aspects that might be relevant.

The facility is **not** fully adapted to people who use wheelchairs or have severe mobility issues. This project will take place in “[Folkets hus Hovmantorp](#)”, in a small community called Hovmantorp with a population of 3000 inhabitants. It is important to be aware that all the participants will be sleeping in one big room/hall with each on their own mattress (mattress is provided). Because of this the participants should be comfortable with simpler living conditions and unisex sleeping arrangements. The main accommodation and activity facility is not situated in a city and therefore activities like shopping, city sightseeing and going out in the evenings are not going to be possible during a large part of the exchange.



WORKING LANGUAGE

Working language is English. Although it will be the working language, a high level of English is not a requirement to participate in the exchange. It is important that the leader is able to give extra support to the group (translating, etc.)

LIVING CONDITIONS

The living will be simple as one of the goals of the exchange is to show and enjoy all the types of

activities. More detailed information about the venue and the accommodation and a list of equipment and material to bring will be sent in the next infopack.

FOOD

The participants will cook breakfast and dinner in small groups, every day. The ingredients will be provided by Globala Kronoberg who as well will be responsible for providing the lunch each day.

ALCOHOL POLICY

Alcohol is strictly forbidden in the accommodation/activity place and also during the whole time we have planned activities. The reason for this is that both the organisation that owns the hostel and Globala Kronoberg, as many organisations in Sweden, have non-alcohol policies. We therefore ask all the participants to respect this rule during the whole project, both for the well-being of all participants but also for the success of the project in general.

TOPICS AND ACTIVITIES

During the day, the participants will be active in creating their own activities and also participating in workshops, role-play, performances, presentations, competitions and games within the subjects of community involvement, youth participation, nature, understanding cultures and diversity.

The evenings will be spent mostly in the accommodation, where we will play games, hold cultural presentations and socialise with each other.

COSTS AND TRAVELS

As a participant in GOBI you get accommodation, food, transport and activities during all the activity days (2nd to 8th August). Globala Kronoberg will reimburse each participant's travel costs up to a certain sum as long as the participants provide all the tickets, boarding passes and receipts of the travels.

Each participant will be reimbursed for the travel costs **up to**:

Sweden: 20 Euros per participant

There is a direct train and bus from Växjö to Hovmantorp. So please keep all the receipts and tickets of your journey so you can get reimbursed!

Note that whatever your travel costs are, and even if they are higher than the limit mentioned above, you will have to give us all the documents for the whole trip, in order to be reimbursed. As soon as you book your travels you can send us the details of your journey and the respective receipts/tickets.

APPLICATIONS and CONTACTS

If you want to apply or have any other questions, let us know on: info@globalakronoberg.se

Our address is: Infanterigatan 10, 35235 Växjö, SWEDEN

BEST WISHES,

The Globala team,

